

### SCHEDULE

8:00 am	Registration
8:30-10:30	Intro to Lethal Means
10:30-10:45	Break
10:45-11:45	Model Response to Suicide Attempt
11:45-1:15pm	LUNCH ON YOUR OWN
1:15-2:45	Case Studies & Role Play
2:45-3:00	Break
3:00 -4:30 pm	Practice Training Using QPR Module/ Gun Shop Project/Wrap Up/ Evaluation

### SOUTHWESTERN DISTRICT HEALTH UNIT

2869 3<sup>rd</sup> Ave West

DICKINSON, ND 58601

701-483-0171



***CALM – COUNSELING  
ON ACCESS TO  
LETHAL MEANS  
TRAIN THE TRAINER***

***\*THREE LOCATIONS –  
THREE DATES\****

**CALM (Counseling on Access to Lethal Means)** is a means reduction program developed in New Hampshire at the Injury Prevention Center at Dartmouth in collaboration with researchers at the Harvard Injury Control Research Center. Means reduction education is an evidence-based strategy to prevent suicide as a component of a broader effort.

## OBJECTIVES:

At completion of this training, participants will:

1. Understand the association between access to lethal means and the risk of suicide death and the contribution that reducing access to lethal means has on preventing suicide deaths.
2. Have skills, language and resources to collaboratively discuss reducing access to lethal means with individuals at risk for suicide and/or their families.
3. Have training instruction and tips for leading workshops for Counseling on Access to Lethal Means.

## WHO SHOULD ATTEND:

ER doctors, nurses, chaplains, pastors, ministers, Military personnel, Law Enforcement, Social Workers, Counselors, EMS, Fire and Mental Health Professionals, Public Health

## WHEN:

Monday, September 21<sup>st</sup>, 2015 in Grand Forks

Wednesday, September 23<sup>rd</sup>, 2015 in Minot

Friday, September 25<sup>th</sup>, 2015 in Dickinson

## TIME:

Sessions will be from 8:00am 4:30pm

## COST:

No Registration Fee but Lunch will be on your own.

## CEUs:

There will be a total of 6 CEUs available for licensed counselors, licensed social workers and law enforcement. CEUs pending for nursing and EMTs

## FACILITATED BY:

**ELAINE FRANK, MHS**

**Co-Developer of CALM and CALM On-line**

## TO REGISTER, CONTACT:

Karen Goyne, RN, Behavioral Health @  
Southwestern Health District Unit

701-483-3052

TOLL FREE: 1-800-697-3145

Email: kmgoyne@nd.gov

\*\*\* CLASS SIZE IS LIMITED TO 35-40

## LOCATIONS

[Monday September 21<sup>st</sup> in Grand Forks](#)

The Grand Forks County Building

151 S 4<sup>th</sup> St. Grand Forks – 6<sup>th</sup> Floor

[Wednesday September 23<sup>rd</sup> in Minot](#)

Ward County Courthouse

315 3<sup>rd</sup> St SE Minot

[Friday September 25<sup>th</sup> in Dickinson](#)

CHI St. Joseph's Hospital

2500 Fairway St. – Conference Rooms A ,B, C